

Commanding Presence

Mastering Your Nonverbal Communication

Effective Presentations is the leader in live communication skills training delivered online. We offer a Live Virtual Training Platform that provides the same experiential instruction we provide in our classroom workshops. Our Commanding Presence workshop is conducted in a small group setting, with each highly interactive class having no more than 4 participants.

Available as a standalone workshop for \$200. Can also be bundled with our Powerful Voice and Messaging and Structure workshops, attend all three for just \$495!

Live Virtual Training

Our Live Virtual Presentation Skills and Public Speaking Workshops provide a cost and time effective alternative to classroom training. We offer the same powerful training online, in a small group setting, creating a fun and dynamic learning environment. After assessing existing presentation skills, we turn to fundamental nonverbal aptitudes that will empower you master nonverbal communication.

Topics Covered

Elements of a Presentation

Content, Design, and Delivery
Communication Venues

Eye Contact and Facial Expressions

Using Eye Contact to Build Confidence
Connect with the Audience and Build Rapport
Turn Presentations into Conversations

First Impressions

Creating an Immediate Impression
Controlling Nervousness
Building Rapport with Your Audience

Presentation Practice

Discussion and Role Play
Presentation Practice

Creating a Stronger Presence

Presenter's Stance - Your Posture Speaks Loudly
Using Gestures to Clarify and Enhance the Message
Painting the Picture with Gestures
Body Language Doesn't Lie

Benefits of Effective Presentations Live Virtual Workshops

Overcome the fear of public speaking
Understand and demonstrate presentation fundamentals
Skillfully utilize both verbal and nonverbal techniques
Think on your feet in meetings and in front of a crowd
Actively involve the audience and move people to action
Effectively utilize visual aids
Exude confidence and poise in every situation